



Cycle the Old Roman Road; Rome to Venice;

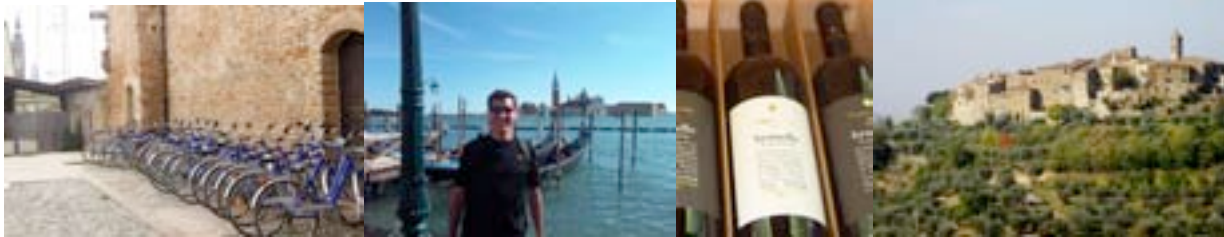
Sept 30- Oct 11, 2010



info@ADVENTOURUS.com

647-404-9380

www.ADVENTOURUS.com



Travel the "Old Roman Road" from centuries ago as you cycle fully supported through the regions of Lazio, Tuscany and Venice. Enjoy the sights of Rome, Cerveteri, Siena, Florence, Bologna, Ferrara (the bicycle capital of Italy) and the magical watery city of Venice. Did we mention the awesome food and wine?

Are you looking for a really challenging, truly epic ride...and want to blend it with a bit of the Dolce Vita? Now you can! We challenge you! This is going to be an exciting ride through some of Italy's most scenic countryside, cities and towns. Not for the faint of heart! Start training now! *Don't miss your chance! Only 10 spots available!*

Booking deadline: April 30, 2010



- 10 nights, 11 days; approx. 800 km
- 8 days of cycling plus some optional days
- 2 guides and a support vehicle to carry the gear
- 2 routes on many days; push yourself harder or take it easier
- 10 breakfasts, 5 lunches and 4 dinners
- Wine tastings of some of Italy's finest
- See cultural sights including Venice's Piazza San Marco, and Florence's Ponte Vecchio
- Luxuriate in the creamy smoothness of true Gelato
- Meet new friends
- Mingle with the locals



Cycle the Old Roman Road;
Rome to Venice;
Sept. 30- Oct. 11, 2010



info@ADVENTOURUS.com

647-404-9380

www.ADVENTOURUS.com

There will be 2 groups of cyclists going different distances and speeds. We'll have time to see some of the cultural sites and sample the exquisite food and wine which differs from region to region. We will stay in mid range accommodations for the most part and the price will be very competitive. There will be a support vehicle as well. We will be riding about 70 to 120km per day

ITINERARY

- Thur 30 Sept Today we meet the group at the hotel for the start of the tour.
Tour Rome by foot or on bike. Guided options will be available
Restaurant Restaurant welcome dinner 3 course with coffee
Accommodation 3 Star Hotel Rome, Bed and continental breakfast
- Fri 1 Oct Tour Rome & area by foot or on your bike. Guided options available.
Accommodation 3 Star Hotel Rome, Bed and continental breakfast
- Sat 2 Oct This is the first day of our ride. We'll head North to our accommodation in Bracciano, a little lakeside town. Cycle approximately 80k.
Restaurant Lunch provided
Accommodation 1 night Accommodation at 3 Star Bed & continental breakfast
- Sun 3 Oct Leaving Bracciano, our destination is Montefiascone, on the shores of Lago di Bolsana. This ride is approximately 90k.
Restaurant Lunch box for picnic lunch en-route
Accommodation 1 night Accommodation at 3 Star Hotel in Montefiascone
Dinner, Bed & continental breakfast
- Mon 4 Oct Today we'll ride into the gorgeous Tuscany region where we'll spend 2 nights and have time to indulge in the famous Tuscan foods & wines. Luckily the hills will help burn the calories! Or let your legs recuperate. Cycle approximately 120k.
Restaurant Lunch box
Accommodation 2 nights Accommodation at 3 Star Hotel in Montepulciano
Bed & continental breakfast
- Tue 5 Oct This is a day for you to choose your destiny! Ride or relax
Accommodation 2 nights Accommodation at 3 Star Hotel Montepulciano
Bed & continental breakfast + dinner
- Wed 6 Oct Today we'll ride into Sienna for lunch in the Piazza (on own). Then we'll continue on to the stunning town of Florence. Cycle approx. 100k.
Accommodation 1 night at 4 Star hotel.
Bed and continental breakfast

