



WOULDN'T YOU RATHER SEND THE POSTCARD?

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CONTENTS

- 🌐 Come and hear the **ADVENTOURUS** Bike Touring Course Presentation at the Outdoor Adventure Show February 20th
- 🌐 Book March Break Now!
- 🌐 Hike & Cook Bruce Trail, Grey County May 1st – 3rd
- 🌐 Golf & Yoga Monterra Blue Mountain May 15th-17th
- 🌐 Everest Base Camp Trek, Nepal; May 1st-26th
- 🌐 Niagara Train & Bike July 11th & 12th
- 🌐 Team **ADVENTOURUS** MS Bike Tour July 24th & 25th
- 🌐 Erie Bike & Barge Week
- 🌐 Petra Marathon Tour Packages; Race day September 26th, 2009
- 🌐 Cycle Yoga Collingwood October 16th-18th
- 🌐 Chalet at Blue for Rent
- 🌐 Sporting Teams International Tours
- 🌐 Travel Tip



Jacqui Snyder of **ADVENTOURUS** will be telling you all about the Bike Touring Course she is offering through the City of Toronto's CAN-BIKE program. Come and hear Jacqui Snyder of **ADVENTOURUS** Active Vacations share her knowledge of what is covered in a cycle touring course and whether it is for you.

Hear Jacqui speak at 7:30pm on Friday evening or find her at the My Next Race Booth in the Running and Triathlon Pavilion at the International Centre.

For more details visit

http://www.outdooradventureshow.ca/toronto/the_mes_zones/running.html

Come and hear the **ADVENTOURUS** Bike Touring Course Presentation at the Outdoor Adventure Show February 20th.



Planning to go away for March break? Better book it now.

ADVENTOURUS can arrange a fabulous trip for you, whether you're a skier, kayaker, hiker or cyclist. Are you chasing the sun or the snow? This is the 2nd busiest travel time of the year and trips will sell out!

**Hike & Cook Bruce Trail,
Grey County May 1st – 3rd**

Join host and trained Chef Jacqui Snyder at this beautiful spacious 3,500 sqft chalet at the base of Blue Mountain to exercise your taste-buds, stomach, legs and social circle while wandering through some of Ontarios most spectacular sections of the Bruce Trail and learn to create some seasonal local dishes.



**Golf & Yoga Monterra Blue Mountain
May 15-17**

Come for the weekend to the lovely chalet at the base of Blue Mountain. 3 Yoga sessions, specific to golf will be offered by certified instructor, Bev Meech. Golf at one of Ontario's most popular resort courses — Monterra Golf. Designed in 1989 by Tom McBroom, Monterra has proven to be a formidable challenge for golfers from North America and abroad. Two breakfasts and one dinner will be included.

Everest Base Camp Trek, Nepal; May 1st-26th

What challenges do you face in your everyday life? Getting into your car to beat the traffic? Lose 15 pounds of excess weight? Plan a Caribbean beach getaway? How about rewarding yourself with a challenging mountain walk in the Himalayas; the world's greatest mountain country for a close encounter with the mighty Everest and other giants? This nontechnical trek is the ultimate test for the avid hiker. Walk 180km in 18 days with the highest altitude gain of 18,400 feet. In support of Child Haven International.





Niagara Bike & Train July 11th & 12th

Catch the Via Rail train on Saturday morning. Cycle along the stunning Niagara River & see the infamous falls. Visit quaint Niagara-On-The-Lake. Sample the world-famous award winning wines right at the wineries. Have dinner at one of many sumptuous restaurants. To allow time to savour the experience, we will stay overnight.

Erie Bike & Barge

This exciting week entails floating down the Erie Canal on an old Canalboat. You'll learn about the history and culture of the area and see a variety of natural and man-made attractions such as aqueducts and quirky canal side cottages. You'll learn how to maneuver the boat through the locks. Part of the day can be spent cruising on the boat to the next destination and the next part you can ride around your new port. Each port town has it's own special character. Start near Rochester and access a number of waterways



Petra Adventure Marathon & Ultra Half Marathon

Petra is an ancient city carved in the sandstone mountains. It is a UNESCO World Heritage site, elected in 2007 as one of the New 7 Wonders of the World. Stay at 5-star accommodations. English speaking tour guides provided.

The Run of a Lifetime



Cycle Yoga Collingwood October 16-18th

Leave behind the responsibilities of every day life for a casual weekend to limber up your body and mind. Completely unwind in the hot tub for 8 after a day of yoga, cycling, sightseeing and leisure. Rest and renew your mind, body and spirit in the comfortable and spacious accommodations of this beautiful retreat North East of Belleville and just south of Bon Echo Provincial Park. The peaceful surroundings are home to many waterways and an endless sky. This area offers fantastic road riding as well as rail trails on roads and paths that meander through scenic lakes, rivers and conservation areas.

Yoga will be offered by certified instructor, Bev Mech.



This gorgeous Chalet sleeps up to 15 people and is perfect for extended families and groups of friends. Available for rent for weekends, full weeks or longer periods. Situated 2 blocks from the Blue Mountain Inn and lifts, as well as a short walk to the Village. There are many amenities at your finger-tips, and with a large lot you can enjoy privacy and tranquility. Walking distance to the hill or village, and a short drive to local quaint towns. It's booked every weekend until the end of March, but there is some availability in April. Also, think ahead to the golfing, hiking and cycling season and don't miss your chance to live in style.

Rent a 6-bedroom chalet at Collingwood



Visit www.ADVENTOURUS.com or call 647-404-9380 for more information.

Sporting Teams International Tours

Are you on a team that competes internationally and would like to add an active fun tour around your competition? ADVENTOURUS helps Dragonboat, hockey and other teams with any aspect of their tour planning, whether it's a few days, a few weeks or a few months. Call for details.



Travel Tip

Door-to-door luggage service (one-way or round trip) is a convenient way to travel without any baggage. These services pick up your luggage at your home and transport it to your destination. They are also an option if you want to lighten your load en route and send some luggage home before your return. Contact ADVENTOURUS for some contacts.

Wouldn't you rather send the postcard?

We can offer you a wonderful program so you can design your own postcards and send them to all your friends and clients at the click of a few keys from any destination that provides internet access. It costs less and is faster! No more messing around with local stamps and trying to find a post-office! Ask us about it.

Axis Sports Gear partnership

Here is the link to our new partner! :)

<http://axisgear.ca/axisgear.cfm?page=Partners>.
Mention ADVENTOURUS for a discount.